

# For Parents and Carers

## A SPECIAL COVID-19 MESSAGE

Our health services providing care for children and young people are still very much open for illness and injury and their special needs. These include; A&E, Walk-in Centres, Urgent Care, Children's Community Nursing and Paediatric Teams, NHS 111, District General Hospitals and the Royal Manchester Children's Hospital. Your GP surgery is still open. If your child has an urgent need, or you are concerned, we would encourage you to attend one of our services.

All our facilities have appropriate and SAFE areas to care for your children. We have processes in place to minimise the risk to children, families and staff of passing on COVID-19 and so some things will be different. Please respect the changes we have made including that only one parent/ carer should accompany the child, and where possible, no children other than the patient.

We are focussing on delivering emergency care so if your child does not have symptoms in the red/ amber sections below, please consider alternative options. For more information and advice contact [www.nhs.uk](http://www.nhs.uk) or visit [www.111.nhs.uk](http://www.111.nhs.uk)



RED

### If your child has any of the following:

- Becomes pale, mottled and feels abnormally cold to the touch
- Has pauses in their breathing (apnoeas), has an irregular breathing pattern or starts **grunting**
- Severe difficulty in breathing becoming agitated or unresponsive
- Is going blue round the lips
- Has a fit/seizure
- Becomes extremely distressed (crying inconsolably despite distraction), confused, very lethargic (difficult to wake) or unresponsive
- Develops a rash that does not disappear with pressure (the 'Glass test')
- Has testicular pain, especially in teenage boys

### You need urgent help:

Go to the nearest A&E department  
or phone 999



AMBER

### If your child has any of the following:

- Is finding it hard to breathe including drawing in of the muscles below their lower ribs, at their neck or between their ribs (**recession**) or **head bobbing**
- Seems dehydrated (dry mouth, sunken eyes, no tears, drowsy or passing less urine than usual)
- Is becoming drowsy (excessively sleepy) or irritable (unable to settle them with toys, TV, food or picking up) - especially if they remain drowsy or irritable despite their fever coming down
- Has extreme shivering or complains of muscle pain
- Babies under 3 months of age with a temperature above 38°C / 100.4°F
- Infants 3-6 months of age with a temperature above 39°C / 102.2°F
- For all infants and children with a fever above 38°C for more than 5 days.
- Is getting worse or if you are worried
- Has persistent vomiting and/or persistent severe abdominal pain
- Has blood in their poo or wee
- Any limb injury causing reduced movement, persistent pain or head injury causing persistent crying or drowsiness

### You need to contact a doctor or nurse today.


Please ring your GP surgery or call  
NHS 111 - dial 111

The NHS is working for you. However, we recognise during the current coronavirus crisis at peak times, access to a health care professional may be delayed. If symptoms persist for 4 hours or more and you have not been able to speak to either a GP or 111, then take your child to the nearest A&E



GREEN

### If none of the above features are present

- You can continue to provide your child care at home. Information is also available on NHS Choices
- Additional **advice** is available to families for coping with crying of well babies 
- Additional **advice** is available for children with complex health needs and disabilities.

### Self care

Continue providing your child's care at home. If you are still concerned about your child, call NHS 111 - dial 111